



RUTGERS HEALTH

Ernest Mario School of Pharmacy

***Minding the Gap: Empowering Pharmacists to
Address Disparities in Women's Mental Health
Care***

Hosted By: Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Tuesday, March 31, 2026

12:00 – 1:00 pm EDT

Registration Link: <https://rutgers.cloud-cme.com/course/courseoverview?P=0&EID=32554>

An accredited continuing pharmacy education activity provided by
Rutgers Biomedical and Health Sciences, Ernest Mario School of Pharmacy

Registration Fee: \$30.00 USD

Location: Virtual (Zoom)
Rutgers, The State University of New Jersey
160 Frelinghuysen Road
Piscataway, NJ 08854

This application-based activity UAN#: JA0000855-0000-26-011-L01-P
is accredited for a total of 1.00 contact hour (0.10 CEU) of continuing pharmacy education.



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Purpose and Activity Overview:

Women experience unique mental health challenges influenced by biological, social, and systemic factors that contribute to significant disparities in diagnosis, treatment, and access to care. This application-based continuing pharmacy education activity is designed to equip pharmacists with an understanding of the key determinants driving inequities in women's mental health outcomes as well as how pharmacists can make a difference in women seeking mental health treatment and therapy. This activity will review common mental health conditions affecting women, outline the role of pharmacists in identifying risk factors and care barriers, and highlight evidence-based strategies pharmacists can use to support more equitable, patient-centered mental health care for women across diverse practice settings.

Target Audience:

This activity is designed for pharmacists.

Learning Objectives:

- Describe key biological, social, and systemic factors that contribute to mental health disparities among women.
- Identify common mental health conditions that disproportionately impact women, including risk factors relevant to pharmacy practice.
- Explore evidence-based strategies pharmacists can apply to help reduce disparities and improve mental health outcomes for women.

Activity Director/Planner

JoAnn Liu, PharmD candidate, Class of 2027

Vice-President, Lambda Kappa Sigma Pi Chapter

Student Pharmacist, Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Activity Planners

Jessica Hu, PharmD, BCCCP; Clinical Assistant Professor

Lambda Kappa Sigma Pi Chapter Faculty Advisor

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Lauren Aleksunes, PharmD, PhD, DABT; Professor

Lambda Kappa Sigma Pi Chapter Faculty Advisor

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Activity Speaker

Mei Liu, PharmD, BCPP; Clinical Assistant Professor

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Activity Speaker/Moderator

Megan E. Maroney, PharmD, BCPP; Clinical Associate Professor

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Activity Reviewer

Mary Bridgeman, PharmD, BCPS, BCGP; Clinical Professor

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey

Agenda:

12:00 – 12:05 pm – Welcome, Speaker Introductions & Activity Outline

12:05 – 12:55 pm – Activity Content – Didactic Presentation and Case-Based Discussion

12:55 – 1:00 pm – Questions & Answers



Accreditation and Credit Designation

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Pharmacists: This application-based activity UAN# JA0000855-0000-26-011-L01-P is accredited for a total of 1 contact hours (0.1 CEU's) of continuing pharmacy education credit. Pharmacists should claim only those contact hours spent participating in the activity.

Method of Participation, Requirements for Completion and Instructions for Obtaining CE:

CE credit will only be awarded for individual who successfully complete the activity (e.g., sign/log in, attend the accredited education session, completing the activity evaluation form).

Pharmacists:

Your official record of ACPE credit will be generated through the CPE Monitor System. Attendees can earn CE credits for attending this activity by electronically logging onto the website: <https://rutgers.cloud-cme.com>, creating a profile that includes day and month of date of birth and NABP e-Profile ID, signing in, and completing the online activity evaluation. The certificate printed after completing the evaluation for this activity is for personal tracking purposes only. Your NABP e-Profile ID and date of birth will be collected through the evaluation. CPE credit will be processed after the evaluation closes to participants, which will be three to four weeks following the activity date. Please note that you must complete the evaluation before it closes. Under ACPE Policy, RBHS will not be able to report your activity completion to CPE monitor if your NABP e-Profile ID and date of birth are reported to and received by RBHS more than 60 days following the activity. Kindly view your credits at MyCPEmonitor.net.

Peer Review Statement:

In order to help ensure content objectivity, independence, and fair balance, and to ensure that the content is aligned with the interest of the public, this content has been reviewed by a non-conflicted, qualified reviewer. This activity will be peer-reviewed for relevance, accuracy of content and balance of presentation by Mary Bridgeman, PharmD, BCPS, BCGP, Clinical Professor, Ernest Mario School of Pharmacy, Rutgers University.

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The following contributors have no relevant financial relationships with ineligible companies to disclose:

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Activity Speaker/Moderator

Megan E. Maroney, PharmD, BCPP; Clinical Associate Professor

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey – Member, Advisory Board-Boehringer Ingelheim Pharmaceuticals (Relationship has ended); Paid Speaker-Johnson & Johnson; Member, Advisory Board-Bristol Myers Squibb (Relationship has ended)

All relevant financial relationships for this individual have or will be mitigated accordingly.

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It should be noted that the recommendations made herein with regard to the use of therapeutic agents, varying disease states, and assessments of risk, are based upon a combination of clinical trials, current guidelines, and the clinical practice experience of the participating presenters. The drug selection and dosage information presented in this activity are believed to be accurate. However, participants are urged to consult all available data on products or procedures before using them in clinical practice.

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